

Breakfast Menu

Table

BT Fry: O'Flynn's' sausages, free-range egg, streaky bacon,grilled tomato & toast	€9.10
Free-range scrambled eggs/poached eggs on Arbutus sourdough with crispy bacon €7.50 or with smoked salmon €8.75	€6.50
French toast with banana, maple syrup and crème fraiche	€7.15
Toasted bagel with cream cheese & streaky bacon	€6.20
Toasted bagel with cream cheese and smoked salmon	€8.20
Warm croissant filled with ham & cheese with tomato relish	€5.25
Fruit salad	€5.70
Natural Yogurt, Granola & Berry Compote	€5.25

Breakfast is also available with toasted brown soda bread, or a gluten free bagel

Fresh Baked Treats

Farmhouse Cookie/ Chocolate Chip Cookie	€1.90
Apple, cinnamon & walnut cake (Dairy Free)	€3.80
Croissant with butter & jam	€2.80
Fresh baked homemade fruit scone with butter & jam	€2.80
Toasted bagel with butter & jam	€2.40
Cupcake	€2.40
Other pastries available at the counter. Prices range from	€2.40 - €4.75

Juicy Starts

Pressed apple & blackcurrant juice	€3.50
Pressed apple juice	€3.50
Fresh orange juice	€3.50

Cold Drinks

San Pellegrino (Sparkling)	€1.95 gls / €3.95 btl.
Panna (Still)	€1.95 gls / €3.95 btl.
Coke, Diet Coke, 7up, Diet 7up & Club Orange	€2.95

Tea & Coffee (Organic & Fair trade)

Americano	€2.50	Low fat Latte	€2.85
Large Americano	€2.75	Low fat Cappuccino	€2.85
Espresso	€2.10	Low fat Mochaccino	€3.10
Double Espresso	€2.75	Low fat Hot Chocolate	€2.85
Tea	€2.40		
Herbal Teas	€2.60		

Peppermint, Earl Grey, Wild Berry, Green, Camomile, Rooibos, Vanilla, Decaf



Our bacon is supplied by M&K. Eggs by MK.
Smoked salmon is supplied by Shellfish de la Mer.

Vegetables supplied by Southern Fruit. Ice cream is from Featherbed Farm, Co. Wexford

Many dishes can be made gluten free/vegetarian- if you ask.

(V = vegetarian, GF = gluten-free, ♥ = healthy option) *If you have any serious food allergies, please inform your server.*