

# ZABAR'S®

## Appetizing Menu

### At Our Counter:

**Zabar's Nova** This is the fish that made Zabar's famous. Our mild house nova is made from Norwegian salmon that is cold smoked and hand selected by Saul Zabar. Perfect on a bagel with cream cheese.

**Zabar's Double Smoked Salmon**

Perfect if you love a smokey flavor.

**Scottish Cured Salmon**

Prepared just for Zabar's. Dry cured then cold smoked over oak wood.

**Gravlox** Our homemade gravlox is made with salmon, fresh dill, sugar, salt and lots of love. The recipe is a family secret - but the taste is not. Comes with our homemade sweet and sour Mustard Dill Sauce.

**Wild Pacific Salmon**

The mildest of all smoked salmons.

**Fresh Smoked Brook Trout** A perfect first course.

Brook trout has a unique deep taste. Just ask and we will be happy to fillet it for you.

**Baked "Kippered" Salmon** We make it the old-fashioned way - by hot smoking the freshest most tender salmon to lock in the flavor and give it a rich golden hue.

**Smoked Sturgeon** There is a reason why sturgeon is known world wide as a luxury - it's texture and flavor. Each fish is hand-selected and smoked to perfection under the watchful eye of Saul Zabar.

**Smoked Sable** We smoke our sable using a traditional method and we add a sprinkling of paprika. It is amazing.

**Zabar's Whitefish and Chubs**

This delicate, flaky fresh water fish is smoked to mouth watering perfection - the way we've been doing it for over 70 years. Choose from a whole whitefish, half, a piece or a smaller chub (when available).

### Mushrooms & Truffles:

**La Madia Dried Porcini Mushrooms**

Available in 1.76oz, 3.53oz and 7.05 oz packages.

**Chanterell Mushrooms**

**Morel Mushrooms**

**La Madia White Truffle Cream** 2.8 oz

**Black Truffle "Carpaccio"** 2.1oz

**White Truffle Olive Oil** 3.4oz

**Black Truffle Oil** 3.4 oz

**White Truffle Wheat Flour** 1.76oz

### Appy Pre-Pack:

**Zabar's Presliced**

**Scotch Cured Smoked Salmon**

The same salmon we sell hand sliced at our counter, presliced and packaged so you can save time and money. Available in 8oz and 16oz packages.

**Ducktrap Smoked Trout Fillets**

Available in packages of two fillets.

**Ducktrap Mackerel (Peppered or Smoked)**

Available in 7oz packages.

**Ducktrap Smoked Mussels**

**Ducktrap Trout Pate**

**Ducktrap Sauces**

Mustard Dill Sauce, Traditional Horseradish Sauce. Available in 8oz packages.

### Herring:

**Pickled Lox** with onions in brine or our famous cream sauce.

**Pickled Herring** Herring fillets, cut in pieces, in vinegar with onions, salt, sugar, bay leaf and allspice.

**Old Fashioned Herring** Whole herrings, cut into pieces, in vinegar, onions, salt and sugar.

**Schmaltz Herring** Iceland herring fillets and onions in salt and sugar.

**Herring In Cream Sauce** Herring fillets, cut in to pieces, with sour cream, vinegar, onions, sugar and spice.

**Matjes Herring** Herring fillets and onions, cut in pieces, in wine sauce with salt, sugar, dill and spices.

**MacGregor Kippered Herring**

From Canada. Available in packages of two.



### Salads:

**Chicken Salad**

**Egg Salad**

**Shrimp Salad**

**Chopped Herring**

**Crabmeat Salad**

**Tuna Salad**

**Baked Salmon Salad**

**Chopped Chicken Liver**

**Whitefish Salad**

**Cole Slaw**

**Old Fashioned Potato Salad**

**Cucumber Salad**

**Greek Black Olives**

**Taboule Salad (Kosher)**

**Hummos (Kosher)** Plain or Parsley & Onion

**Baba Ghannouj (Kosher)**

### Puddings:

**Rice Pudding**

**Tapioca Pudding**

### Gefilte Fish:

**European Style Gefilte Fish**

**Traditional Gefilte Fish**

**Red Horseradish**

### Foie Gras

### & Anchovies:

**Maison Puree of Goose Liver**

11 oz Product of France.

**Block of Goose Foie Gras with Truffle**

2.6 oz.

**Stella Del Mar Flat Anchovies Fillets**

In Olive Oil. 20.5oz.

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