

Lavender Wrap

For upper back, neck, and shoulders

The heat-retaining rice and flaxseed, and aromatic lavender inside this soft wrap help warm and relax tense muscles. Long used for its therapeutic effects, lavender is known to encourage relaxation and relieve headaches.

Directions for heating: Heat the wrap for 1 to 2 minutes in a microwave on a medium setting. If you desire more heat, extend the heating time by 30-second increments. The heated wrap may be used to provide relief and comfort to the upper back, neck and shoulders, and other areas of the body as desired.

Important: Use caution when applying a heated wrap. Do not use on sensitive skin. People suffering from nerve damage, circulation problems or paralysis should use this product only as directed by a physician.

Care instructions: Hand or machine wash outer cover only. Hang dry to prevent shrinkage.

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