

Lumbar Wrap

GARDENERS

SUPPLY COMPANY

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All New Materials

Fabric Content: 100% Polyester

Insert: 100% Cotton

Stuffing Content: Rice & flax seeds

Gel Pack: Sodium carboxymethyl cellulose, super absorb polymer, propylene glycol, water and color

Caution: READ BEFORE USING

Heating Instructions for Rice Pack:

- Heat in a clean microwave for 1-2 minutes on medium setting. DO NOT OVERHEAT!
- Do not heat in a gas, toaster or conventional oven.
- Do not heat if wet in any area.
- Test temperature before use. Do not use on sensitive skin or areas with poor circulation.
- If more heat is desired, reheat at 30-second intervals only.
- Use only with adult supervision.

Cooling Instructions for Gel Pack:

- Refrigerate for 60 minutes for a cool chill.
- For more intense cold, keep in freezer for no longer than 24 hours.
- Store gel pack in refrigerator, not freezer.

Washing Instructions for Cover:

Wash outer cover only.

Use gentle cycle on washing machine.

Hang dry. Do not wash insert.

Washing Instructions for Gel Pack:

Wash by hand in warm soapy water.

Dry thoroughly. Made in China